

Professional School Counselors

The Department of Guidance and Counseling in Judson ISD will work with all students to develop and establish social, personal, and academic goals to gain confidence in order to achieve personal success.

We are committed to the standards set forth by effective programs (American School Counseling Association and American Counseling Association) and applying them in our daily operations and in the classrooms.

Judson ISD professional school counselors will provide all students with a comprehensive guidance and counseling program implementing standards-based school counseling that will promote student success ensuring that all students have the necessary academic, technical, college, career readiness, and social - emotional knowledge and skills for school and future success.

Sample of areas of support offered:

- Divorce/Separation
- Self-Control and self-expression
- Self-Esteem
- Study Skills; Motivation to achieve; Decision making, Goal Setting, Planning, Problem Solving
- Grief; Anxiety; Fears
- Anger Management
- Communication skills and Responsible behavior
- Cross cultural effectiveness
- Friendships and peer relationships
- Physical concerns; Bullying
- Incarcerated Parents
- Transitions
- Strategies to balance ADD/ADHD
- Dyslexia support

What are the qualifications for Professional School Counselors?

Judson ISD counselors hold a Master's degree in counseling; have a minimum of two years teaching experience; are certified in School Counseling through the Texas Education Agency; and continually cultivate their skills by attending workshops and conferences, completing proficiency modules, and completing continuing education units. All Judson ISD counselors support the districts mission and goal and adhere to strict professional and legal ethics in standards advocated by American School Counselor Association and Texas Counseling Association.



Ways to see the Counselor?

- Call or email for an appointment
- Self-referral
- Request from the Counselor
- Parent referral/request
- Administrative referral
- Teacher or other Staff referral
- Referral by friend
- Invitation to small group
- Classroom Guidance

For more detailed information on counselor services, please contact your school counselor

or:

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JUDSON INDEPENDENT
SCHOOL DISTRICT:
DEPARTMENT OF
GUIDANCE AND
COUNSELING



Counseling Program

Producing Excellence by providing a
Comprehensive Developmental
Guidance and School Counseling
Program

What is a Guidance Program

A Comprehensive Guidance Program consists of four major areas:

Classroom Guidance - Counselors teach classroom guidance lessons addressing basic lifelong skills identified as essential for academic and personal success. These skills include: self-confidence development; motivation to achieve, decision making (goal setting and problem solving); interpersonal effectiveness; communication skills; cross cultural effectiveness; and responsible behavior.

Individual Planning - Counselors support students in selecting appropriate courses, plan for transitions, and provide to students and parents information on careers and post-secondary education and training.

Responsive Services - Counselors assist students with an immediate personal concern, a crisis, or a problem that may be affecting their achievement in school. The counselor may provide short term individual sessions in a small group with other students that face similar challenges.

System Support – The school system includes a variety of programs designed to support students. Counselors assist in the referral process of students to appropriate support programs and services provided both within the school setting, as well as to outside agencies. System support is divided in two component areas: 1) supporting staff with professional development and consultation, as well as assisting with community outreach; and 2) educating the staff about the Comprehensive Developmental Guidance and Counseling Program.

Counselors support:

Students and parents:

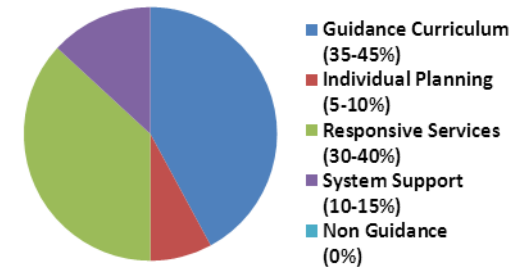
- Promoting positive attitudes
- Discussing feelings and appropriate communication
- Meeting with children individually and in small groups
- Suggesting ways to improve academic and behavioral performance
- Creating and reviewing current and post-secondary plans; Career education
- Gauging school climate and needs of student support on campus
- Creating leadership development
- Creating and monitoring behavioral management plans
- Linking to community resources/agencies
- Evaluating peer relationships
- Creating networking opportunities
- Meeting with students, parents and/or facilitating parent/teacher conferences.

Teachers and Administrators:

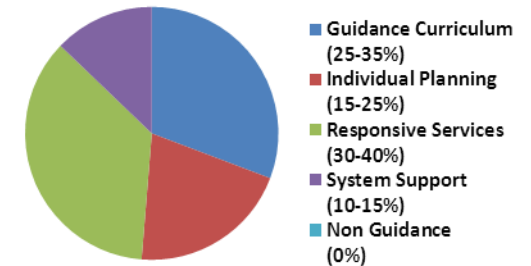
- Providing support and intervention for students experiencing social, emotional, behavioral or academic challenges
- Collaborating on interventions and strategies for interacting with students in need of support
- Implementing classroom guidance activities
- Scheduling speakers who can further engage students
- Identifying and implementing interventions for at-risk population
- Evaluating school climate and student need through a school-wide counseling needs assessments
- Interpreting and analyzing student data and results
- Creating and supporting students through behavioral and/or safety plans; facilitating crisis response and student assistance teams

Counselors time distribution in Guidance Program areas:

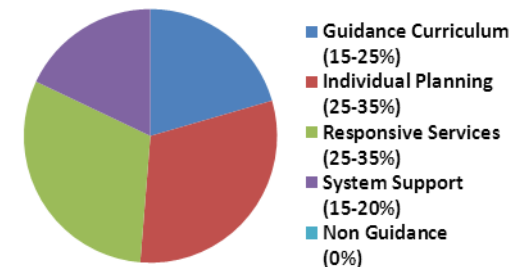
Elementary School Counseling



Middle School Counseling



High School Counseling



The Professional School Counselor is trained to work with students in groups, as well as with individuals, and conducts classroom guidance lessons and activities. Parents not wanting their children to participate in classroom guidance activities are asked to make the request in writing.